



# GLUTEN FREE MENU



Shore Rd, East Wittering, PO20 8DZ  
T: 01243 672617

 TheBoulevardRestaurant  
 theboulevardeastwittering

VAT NO: 186213800

## Breakfast

Our breakfasts are mainly gluten free apart from the sausages and pancakes, and you have to specify if you need gluten free toast.

## Starters

<b>Prawn cocktails</b> (without the bread)	£5.50
<b>Halloumi fries</b> with chilli jam	£5.50
<b>Avocado, roasted pepper and hummus</b>	£5.70
<b>Loaded skins</b> Bacon & Mozzarella	£5.70
<b>Soup of the day</b> (ask for a gluten free roll)	£4.50

## Toasties

We have gluten free rolls and bread (they are smaller than the usual bread).

## Jacket Potatoes

Served with salad garnish and coleslaw.

<b>Cheese</b>	£6.70
<b>Heinz baked beans</b>	£6.70
<b>Coleslaw</b>	£6.70
<b>Chicken, bacon and avocado</b>	£9.00
<b>Tuna mayo</b>	£7.20
<b>Prawn and marie rose sauce</b>	£9.00
<b>Veggie chilli con carne</b>	£9.00

## Something Fishy

All fish can be grilled and just ask for your chips to be cooked separately. Served with peas.

<b>Cod</b>	11.50   13.00
<b>Haddock</b>	£13.00
<b>Huss</b>	£12.00
<b>Plaice</b>	£12.00
<b>Skate</b>	£13.00

## Salads

Just ask for no croutons and no pasta.

<b>Roasted pepper, curried chickpeas and avocado</b>	£11.00
<b>Crispy halloumi and olives</b>	£11.50
<b>Chicken, bacon and avocado</b>	£12.50
<b>Prawn and smoked salmon</b>	£13.00
<b>Steak &amp; Haloumi and Olive</b>	£14.50

## Grill

(Please ask for chips to be cooked separately).

<b>Mini grill</b> no onion rings, no sausage	£12.00
<b>Mixed grill</b>	
No Lamb chop, no onion rings, no sausage	£14.50
<b>10oz Rump steak</b> No onion rings	£17.50

## Burgers

Unfortunately, our burgers are not gluten free. However we do have:

<b>Falafel burger</b>	
with a gluten free roll	£10.00
<b>Chicken, bacon and mozzarella</b>	
with a gluten free roll	£11.50
<b>Steak &amp; cheese burger</b>	
with a gluten free roll	£13.00
<b>Spicy Mexican burger</b>	£12.00
with a gluten free roll	

They will be served without onion rings

## Ribs

<b>Half rack of ribs and chips</b>	11.00
No onion rings	
<b>Whole rack of ribs and chips</b>	15.00
No onion rings	

## Dinners

<b>Honey and mustard ham, egg and chips</b>	£9.20
<b>Roast dinners</b>	£12.00
No Yorkshire pudding and no cauliflower cheese on a Sunday. Gluten free gravy.	

## Desserts

<b>Pavlova</b>	£5.00
<b>Brownies</b>	£5.00
<b>Sticky toffee pudding</b>	£5.00

## Ice cream

<b>Vanilla, Chocolate, Strawberry, Coffee Mocha, Salted Caramel, Mint, Honey comb, Bubble gum, Orange sorbet, Raspberry sorbet, Lemon sorbet.</b>	£2.50/£4.00/£5.50
<b>Chocolate chip sundae</b>	£6.00
<b>Strawberry sundae</b>	£6.00
<b>Salted caramel sundae</b>	£6.00
<b>Brownie sundae</b>	£7.00
<b>Lemon meringue sundae</b>	£6.20

Please ask if you do not want a wafer

## Alcoholic drinks

<b>BOTTLED</b>	
<b>Gluten Free Peroni</b>	
330ml 5.1%	3.90

Please see our black board for daily specials